

Early Childhood Resource Guide

Prenatal – Kindergarten Entry
Richland County, ND

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	Program Name	Description	Capacity & Eligibility	Contact Information
Safety	Child Protection	Provides protective services in cases of suspected child abuse or neglect.	Anyone can report.	RSR Human Service Zone 413 3 rd Ave N Wahpeton, ND 58075 (701) 642-7751
Safety	Richland County Sheriff's Office	Provides services throughout Richland Co.	Anyone can receive services.	Richland Co. Sheriff's office 413 3 rd Ave N Wahpeton, ND 58075 (701) 642-7711
Safety	Wahpeton Police Department	Provides services promoting safe neighborhoods.	Anyone can receive services.	Wahpeton Police Department 920 3 rd Avenue North Wahpeton, ND 58075 (701) 642-7722
Safety	Three Rivers Crisis Center	Provides: <ul style="list-style-type: none"> • Crisis intervention and counseling services to victims of personal violence • Education and prevention 	Services are free and confidential; offered to anyone.	Three Rivers Crisis Center 509 Dakota Avenue Suite B Wahpeton, ND 58075 (701) 642-2115 1-800-627-3659

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Child Care	Child Care Assistance Program	Helps pay childcare for low-income families.	Must be doing one of the following: <ul style="list-style-type: none"> • Working • Looking for a job • Attending high school, • Taking postsecondary education courses 	RSE Human Service Zone 413 3 rd Ave N Wahpeton, ND 58075 (701) 642-7751
Child Care	Child Care Aware of North Dakota	Assist families in their search for quality childcare.	MN and ND parents.	Child Care Aware of Minnesota 715 11th Street North Suite 402 Moorhead, MN 56560 http://www.childcareawaremn.org (218) 299-7026 (218) 299-7547 ND – Child Care Aware of North Dakota 3911 20 th Avenue South Fargo, ND 58103 http://www.ndchildcare.org (701) 476-6820
Child Care	Crossroads Program	Childcare assistance and a monthly transportation allowance for teenage parents.	Must be: <ul style="list-style-type: none"> • Parents who are 20 years of age or younger • Male or female • Married or unmarried • Attending high school, alternative high school, or working towards their GED 	Job Service of North Dakota 524 2 nd Avenue North Wahpeton, ND 58075 (701) 671-1550
Child Care	Richland County Child Care Licensing	<ul style="list-style-type: none"> • Provide a list of all licensed and self-declared providers • Inform parents of any state violations of a provider 	Available to anyone.	RSR Human Service Zone 413 3 rd Avenue North Wahpeton, ND 58075 (701) 642-7751

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Dental Health	Apple Tree Dental	Dental services provided for children and adults at the Fergus and Hawley locations. Breckenridge Outreach Clinics provide services 2 times a school year to children 1-18 only.	Anyone can receive services. Accepting MN & ND MA & MN Care along with most insurance. Affordable plans available for individuals without insurance.	Apple Tree Dental Hawley 520 S Main St Hawley, MN 1-888-683-1038 Apple Tree Dental Fergus Falls Westridge Mall – Suite 33 2001 West Lincoln Ave Fergus Falls, MN 1-877-998-2218

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	Program Name	Description	Capacity & Eligibility	Contact Information
Development	Right Track	Screens five areas of development in child's home. Provides information and referral.	A FREE program for all North Dakota children, birth up to three years of age.	Region 5 ~ Right Track Program 701-293-3722
Development	Early Intervention Partners	An early intervention service providing home-based family-centered services at no cost to families with eligible infants and toddlers.	Children birth to three at risk for developmental delay or diagnosed with a developmental delay.	Early Intervention Partners 3060 Frontier Way S. Fargo, ND 58104 (701) 364-3945 www.earlyinterventionpartners.com
Development	Anne Carlsen Kids Infant Development Program	An early intervention service providing home-based family-centered services at no cost to families with eligible infants and toddlers.	Children birth to three at risk for developmental delay or diagnosed with a developmental delay.	Anne Carlson Kids Infant Development Program 4152 30 th Ave. S. Suite 102 Fargo, ND 58104 701-551-1746 earlyintervention@annecenter.org www.annecenter.org/early-intervention

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	Program Name	Description	Capacity & Eligibility	Contact Information
Education	General Education Development Program (GED)	Provides individuals who do not have a high school diploma the opportunity to earn a State of ND GED Diploma. The course is free to take. The final test is \$100.	Individuals: <ul style="list-style-type: none"> • Currently not enrolled in high school • Does not have a high school diploma and at least 19 years of age • Or at least 16 years of age and have obtained an age waiver. 	ND State College of Science 800 6th Street North Wahpeton, ND 58076-0002 (701) 671-2184 http://www.dpi.state.nd.us/adulted/ged/centers.shtm
Education	Head Start	State and federally funded Preschool program for children ages 3 & 4.	Families with children who meet income guidelines, have special needs, or have automatic qualifiers.	Wahpeton Head Start Center 1202 Westmore Avenue Wahpeton, ND 58075 (701) 642-9825
Education	Breckenridge Public Library (LARL)	<ul style="list-style-type: none"> • Computer access and training • Story time • Children's programs 	Anyone can utilize the library.	Lake Agassiz Regional Library 205 N 7 th St Breckenridge, MN 56520 (218) 643-2113 http://larl.org/breckenridge
Education	Wahpeton Leach Public Library	<ul style="list-style-type: none"> • Computer access and training • Story time • Children's programs 	Anyone can utilize the library.	Leach Public Library 417 Second Avenue North Wahpeton, ND 58075 (701) 642-5732 http://www.leachhlibrarywahpeton.org
Education	Wahpeton School District Early Childhood Special Education (ECSE)	<ul style="list-style-type: none"> • Provides services to children 3-5 who are residents of the Wahpeton School District that are identified as having special needs. 	Children that qualify under North Dakota guidelines for Special Education Services between the ages of 3-5.	Zimmerman Elementary School 508 9 th Street North Wahpeton, ND 58075 (701) 642-3050 http://www.wahpeton.k12.nd.us

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	Program Name	Description	Capacity & Eligibility	Contact Information
Food	Commodity Supplemental Food Program	Families receive a box and a bag of non-perishable food items every two months.	Low-income families not eligible for the WIC program with children 5 years of age or younger.	Southeastern North Dakota Community Action Agency 3233 South University Drive Fargo, ND 58104 (701) 232-2452 1-800-726-7960
Food	Richland-Wilkin Food Bank	Emergency food program.	All are welcome who are in need. May need a referral from service provider.	Richland-Wilkin Food Bank 699 8 th Ave South Wahpeton, ND 58075 (701) 642-1921 Open: Tues-Fri – 1-3pm Thursday – 6:30-7:30pm
Food	Ruby's Pantry	Food distribution; suggested donation of \$20.	Available to anyone on the 4 th Monday of every month from 5:00-7:30pm. Bring boxes.	Inspiration Lutheran Brethren Church 1130 N Main St Breckenridge, MN 56520 (218) 643-8610 http://www.inspirationchurch.org/rubyspantry.html
Food	Supplemental Nutrition Assistance Program (SNAP)	Formally known as food stamps; helps people buy food for good health.	Available to those who meet income guidelines.	RSR Human Service Zone 413 3 rd Ave N Wahpeton, ND 58075 (701) 642-7751
Food	Women, Infants and Child food program (WIC)	Supplemental food and nutrition program.	Generous income guidelines. Pregnant women and children birth through age 5.	Richland County Health Department 413 3 rd Ave N Wahpeton, ND 58075 (701) 642-7735 www.richlandcountyhealth.org/

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	Program Name	Description	Capacity & Eligibility	Contact Information
Health	Essentia Health Clinic	Family and specialty practitioners to provide medical care.	Services provided to anyone. Open M-F 8 am-5 pm	Essentia 275 11 th St S Wahpeton, ND 58075 (701) 642-2000 http://www.innovishealth.com
Health	InfantSee Program	A child's 1 st visit to an eye doctor.	Infants between 6 to 12 months are eligible for FREE vision screening.	www.infantsee.org/
Health	Natural Family Planning (NFP)	Assists in achieving or avoiding pregnancy.	Anyone can receive services.	St. Francis Healthcare Campus 2400 St. Francis Drive Breckenridge, MN 56520 218-643-3000 1-800-864-6225
Health	ND Health Tracks	Free prevention health screening offered to individuals enrolled in Medicaid.	Children 0 to age 21 who are eligible for the ND Medicaid Program.	Richland County Public Health Department 413 3 rd Ave N Wahpeton, ND 58075 (701) 642-7735
Health	ND Quits/Quitnet	Free program to help tobacco users quit effectively.	Services are free and replacement therapy products are available to qualified callers.	NDQuits 1-800-784-8669 Quitnet www.nd.quitnet.com
Health	Medicaid Program	Helps pay for health care services. It may also help even if you have health insurance.	Must meet income guidelines.	RSR Human Service Zone 413 3 rd Ave N Wahpeton, ND 58075 (701) 642-7751 www.richlandcountyhealth.org/
Health	Richland County Family Planning	Provides: <ul style="list-style-type: none"> • Annual gynecological exams • Pregnancy testing • STD testing and diagnosis • Information and education on reproductive health for men and women 	Open to all Richland and Wilkin County residents on a sliding fee scale.	Richland County Family Planning 413 3 rd Av N Wahpeton, ND 58075 (701) 642-7735 www.richlandcountyhealth.org

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	Program Name	Description	Capacity & Eligibility	Contact Information
Health	Richland County Public Health Department	Provides: <ul style="list-style-type: none"> • Babysitting classes • Car seat program • Flu shots • Health screenings • HIV testing and counseling • Community resource coordinator • Immunizations • Newborn home visits • Tobacco prevention • TB testing 	Richland County residents.	Richland County Health Department 413 3 rd Ave N Wahpeton, ND 58075 (701) 642-7735 www.richlandcountyhealth.org/
Health	Sanford Health Clinic	Comprehensive medical services provided across lifetime.	Services provided to anyone. M-Th 7:30am-6pm Fri 7:30am-5pm Sat 9am-12 noon	Sanford Health 332 2 nd Ave Wahpeton, ND 58075 (701) 642-7000 www.sanfordhealth.org
Health	St. Francis Hospital	<ul style="list-style-type: none"> • 24-hour 7-days a week ER coverage • Pharmacy • Radiology • Orthopedics • Birthing Center 	Anyone can receive services.	St. Francis Healthcare Campus 2400 St. Francis Drive (218) 643-3000 www.sfcare.org

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Pregnancy	Optimal Pregnancy Outcome Program (OPOP)	Monthly visits with a nurse, social worker, and nutritionist. OPOP is a primary prevention program designed to empower pregnant women to make healthy lifestyle choices for healthy babies.	Services are available to Richland County pregnant women at no charge.	Richland County Health Department 413 3 rd Ave N Wahpeton, ND 58075 (701) 642-7735 www.richlandcountyhealth.org
Pregnancy	WIC	Certified lactation consultant	Services are available to Richland County pregnant women at no charge.	Richland County Health Department 413 3 rd Ave N Wahpeton, ND 58075 (701) 642-7735 www.richlandcountyhealth.org

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Mental Health	Solutions Counseling Services, Inc.	Mental health and counseling services for children 5 and older, adults, couples, & families.	All insurance plans accepted.	Solutions Counseling Service 415 Nebraska Ave. Breckenridge, MN 56520 (218) 643-9330 Pam Thompson, therapist, LICSW & MS
Mental Health	Southeast Human Service Center	Provides mental health and psychological services to families and children. Outreach Services available in Wahpeton.	Services available in Richland Co. to those meeting eligibility criteria. Sliding fee scale available based on income.	Southeast Human Service Center 2624 9 th Ave SW Fargo, ND 58103 1-888-342-4900 (701) 298-4500 http://www.nd.gov/dhs/locations/regionalhsc/southeast/index.html
Mental Health	Sanford Health Clinic	Compressive medical services provided across lifetime.	Services Provided to anyone. M-Th 7:30am-7pm Fri 7:30am-5pm	Sanford 332 2 nd Ave Wahpeton, ND 58075 (701) 642-7000 www.sanfordhealth.org
Mental Health	Lutheran Social Services of ND	Home-based counseling and skills training for families who have a child at risk of out-of-home placement.	Services Provided to anyone. 8:00 am - 5:00 pm Mon-Wed-Fri 8:00 am - 6:00 pm Tues & Thurs	Lutheran Social Services Fargo Program Center 4720 7th Ave. S., Suite B Fargo, ND 58103 (701) 235-7341 www.lssnd.org
Mental Health	St. Francis Hope Unit	Behavioral Health Services that provide outpatient treatment for: <ul style="list-style-type: none"> • Chemical dependency • Substance abuse • Mental health 	Children 5 years and older and Adults are eligible. You must contact the Hope Unit for intake process.	Hope Unit St. Francis Healthcare Campus 2400 St. Francis Drive Breckenridge, MN 56520 (218) 643-0499 https://www.sfcare.org/en/services/clinics/mental-health-clinic.html
Mental Health	Tischer Therapeutic Services	Assists with variety of issues related to home and family for all ages.	Richland and Wilkin County Residents.	Donya Blair-Tischer, PSYD, MA, LPCC Tischer Therapeutic Services 115 5 th Street North Breckenridge, MN 56520 Phone (218) 651-0212 Fax (218) 651 - 0220 TischerTherapeuticServices@outlook.com

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	Program Name	Description	Capacity & Eligibility	Contact Information
Support	AA, NA, Al-Anon	Ongoing support for individuals and families encountering substance and gambling addictions.	Anyone can receive services.	AA Jim (701) 640-6456 Al-Anon Judy (701) 640-6055 www.ndscs.nodak.edu/studentlife/health-counseling/counselor/meetings/default.asp?ID=987
Support	Early Childhood Family Education (ECFE)	To enhance the ability of all parents to provide the best possible environment for their child's learning and growth.	Open to all families with young children 0-5 or not yet enrolled in kindergarten.	Parent Education Program 810 Beede Ave Breckenridge, MN (218) 641-4009 www.rschooltoday.com/se3bin/clientgenie.cgi
Support	Family Footprints Home Visitation	The Family Footprints Coordinator provides hospital and home visits to support, inform, and offer resources to parents to assist them in their role of parenting and understanding of early child development.	Hospital visits are offered to all families who give birth at St. Francis. Home visits are available to Richland and Wilkin Counties.	Family Footprints Coordinator CHI St. Francis Health 2400 St. Francis Drive Breckenridge, MN 56520 (218) 643-0475 Email: sandrablock-hansen@catholichealth.net
Support	Freedom Resource Center	It assists the disabled in establishing personal goals.	Anyone needing services free of charge.	Freedom Resource Center 315 11 th St N Wahpeton, ND 58075 (701) 672-1648 or 1-800-450-0459 www.freedomrc.org/
Support	Healthy Steps Program	Free health insurance coverage to uninsured children in qualifying families.	Children under 19 years; children who don't qualify for full Medicaid; and children who don't have health insurance.	RSR Human Service Zone 413 3 rd Ave N Wahpeton, ND 58075 (701) 642-7751
Support	Kids Konnection	Safe visitation and exchange center. On site supervised visits. Neutral third-party assistance in scheduling.	Must contact the agency to complete intake process.	Kids Konnection 509 Dakota Ave Suite A Wahpeton, ND 58075 (701) 672-2222

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Support	Kinship	Mentoring program to help the child achieve his/her potential and grow into a successful adult.	<ul style="list-style-type: none"> Youth, ages 5-16, qualify to be matched with a mentor. Any adult, age 18 and older may be eligible to volunteer. 	Richland Wilkin Kinship 509 ½ Street Dakota Ave Suite 104 Wahpeton, ND 58075 (701) 672-0303 www.rwkinship.org/
Support	ND Medicaid (MA)	Helps pay for health care services. It may also help even if you have health insurance.	Pregnant; family with children under age 21; under age 21 living on your own	RSR Human Service Zone 413 3 rd Ave N Wahpeton, ND 58075 (701) 642-7751
Support	North Dakota State University Extension Program	Educational programs, publications, and events, offered to Richland County citizens.	All ND residents.	Richland County NDSU Extension 418 2 nd Ave N Wahpeton, ND 58075 701-642-7793 www.ag.ndsu.edu/richlandcountye xtension/
Support	Parent Mentor Program	The Parent Mentor Program is a parent-to-parent mentoring program. It identifies parents with proven parenting skills to serve as mentors to parents who have little to no support system in place.	The Parent Mentor Program is available to families in Richland and Wilkin Counties.	Parent Mentor Coordinator CHI St. Francis Health 2400 St. Francis Drive Breckenridge, MN 56520 (218) 643-0471 E-mail: sandrablock-hansen@catholichealth.net
Support	Southeastern North Dakota Community Action (SENDCAA)	Provides services and activities designed to alleviate poverty.	Most of SENDCAA's programs are offered to all families based on a sliding fee scale.	SENDCAA – Fargo 3233 South University Drive Fargo, ND 58104-6221 701-232-2452 Toll Free: 800-726-7960 Email: agency@sendcaa.org http://www.sendcaa.org/index.html
Support	Young Parents Support Group	A program for young families in our community to help them build positive parenting techniques.	All young parents seeking support.	ECFE 810 Beede Ave. Breckenridge, MN 56520 (218) 641-4014

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Transportation	Twin Town Taxi	<p>Transportation service 7 days a week anywhere in Wahpeton/Breckenridge city limits. Must be for one of the following reasons:</p> <ul style="list-style-type: none"> • Medical • Employment • Grocery shopping <p>\$2 each way-includes the primary person and one extra person.</p>	<p>Must have a card/voucher from Richland County Social Services. Ride must originate in Wahpeton. Must have Medicaid and/or have a disability.</p>	<p>RSR Human Service Zone 413 3rd Ave N Wahpeton, ND 58075 (701) 642-7751</p>
Transportation	Senior Citizen Bus	<p>Transportation service that goes within the Wahpeton/Breckenridge city limits. Must be for one of the following reasons:</p> <ul style="list-style-type: none"> • Medical • Employment • Grocery shopping <p>\$1 each way-includes the primary person and one extra person. \$1.50 if the ride goes into Breckenridge.</p>	<p>Must have a card/voucher from Richland County Social Services. Monday – Friday 8:30 am – 2:30 pm. Must have Medicaid and/or have a disability.</p>	<p>RSR Human Service Zone 413 3rd Ave N Wahpeton, ND 58075 (701) 642-7751</p>
Transportation	Red River Cab Company	Transportation service	Must be a Richland or Wilkin County resident.	www.redrivercabcompany.com